

## COMING SOON to your LCNFC...

- Christmas Karaoke Night (12-6)
- Make a Gift Family Night (12-13)
- Angels of Love Distribution (12-16)
- Christmas Day Dinner (12-25)

## What Else Is Goin' On in November?

### VETERAN'S DAY CELEBRATION!



Thursday, November 8, 6 p.m.,  
Lincoln Elementary gym. Share in  
the excitement as some students from  
Lincoln entertain us with their  
musical talents honoring our  
Country's beloved veterans! The  
evening also includes a PTO meeting  
and refreshments.

## Did You Know?

The first principal of  
Lincoln Elementary was  
Marjorie Hooten!



## Angels of Love

Christmas Gift Assistance Program



Did you forget  
to sign up?

Call LCNFC to register!  
**379-1630**

## Rudy's Soap Box...

### *I Don't Subscribe to Mainstream Society's Collective Concept of Able-bodiedness*

(Part 1 of 2)

Mainstream society has a collective (or to be precise, main) concept on what is and not considered able-bodied. It has a reserved opinion on who is and who is not capable of holding a job or living on his or her own. Some people in our society (even the ones who consider themselves "open minded") who don't openly discriminate towards those whom have an obvious "short becoming" have some innate preconceptions of those with one or more disabilities. Nowadays, mainstream society's concept of the aforementioned are gradually changing, happily, for the better. Sadly, though, the pace isn't fast enough.

That's where certain people and I share a certain ideology. An ideology which challenges the "able-centric" views which almost everybody and their brother has come to accept. I have called upon myself to challenge such prejudices and preconceptions. As a holder of two jobs and someone with a thorough theory of mind, I'm out to prove that in spite of a handicap, I am able to do what it takes to pay for the roof over my head, able to maintain healthy relationships with those who were born with the human shell Mother Nature intended, "able-bodied" or not. At the end of the day, who exactly is "able-bodied," hmmm?

(To be continued...  
in the next issue of *The Downtowner*.)

~ Rudy Minton

If you would like to know more, you may contact  
Rudy by e-mail: [rudyminton@hotmail.com](mailto:rudyminton@hotmail.com)