

# Thank YOU!

The LCNFC would like to thank the following individuals and organizations who contributed to the LCNFC recently...

Bill and Jennifer Stearman

CWS Marketing Group

Jeff Chadwick

Frederick Hovde

Henry and Christine Camferdam

Richard and Kathleen Ramsay

Central Credit Union

Cummins Foundation

St. Peter's Lutheran Church

First Christian Church

## Human Services' Corner

Human Services, Inc. (located at 1585 Indianapolis Road, next to Athens Veterinary Clinic) offers a variety of FREE workshops to the public. Two of those topics coming up in October are:

### Banking Basics

Bank Basics and Predatory Lending  
Wednesday, October 5 ~ 6-8 p.m.

### Consumer Lending

Credit Reports

Bring your own credit report with you. Free reports can be obtained at [www.annualcreditreport.com](http://www.annualcreditreport.com).

Wednesday, October 12 ~ 6-8 p.m.

Classes will be held at the HSI Learning Center. Please pre-register for the classes. Give Ursula, at the Family Learning Center, a call at 372-8407.

**Building tomorrow's neighborhoods... TODAY!**

## Q and A on Social Security

Each month, the Social Security Administration provides some common questions and answers that may apply to you or your family. If you have any questions you would like to be answered, call the Social Security Office at 1-800-772-1213.

# Q

Is it really worth applying for the extra financial help available under the new Medicare prescription drug plan?

# A

Yes, it is. If you qualify, you would get extra help paying for the premiums, deductibles and co-payments under the new Medicare prescription drug plan. That extra help could be worth an average of \$2,100 per year for people who qualify. And there is no risk or cost to apply. The application process is simple and can now be done online at [www.socialsecurity.gov](http://www.socialsecurity.gov) or by calling Social Security at 1-800-772-1213.

# S H A P E

**FREE kickboxing classes!!!** The Columbus Seventh-Day Adventist Church invites you and your family or friends to join in weekly kickboxing classes.

It's a form of exercise and doesn't involve kicking anybody or anything except air! Classes are open to all fitness levels and men and women. Just throw on exercise clothes and show up!

*WHEN?* Tuesdays and Thursdays—6-7 p.m.  
Sundays—2-3 p.m.

*WHERE?* Columbus Seventh-Day Adventist Church  
2809 N. Talley Road

More information? Call Rita at 342-7978

# UP!



**A copy of the Downtown Columbus Strategic Plan is available to view at the LCNFC's office, 1039 Sycamore Street. Come by and see what exciting things are planned for our downtown!**