

FREE Winter Coats CHILDREN *and* ADULTS

**SATURDAY
OCTOBER 24
9 to 11 a.m.
CSA/Lincoln Campus
(formerly Lincoln Elementary)**

Thanks to the **living room** for sponsoring...
More info: Call LCNFC @ 379-1630

Taking Charge of Your Health

Impetigo in infants starts with a small blister containing yellowish or white pus surrounded by reddened skin. The blister breaks easily, leaving a small raw spot that may not crust over as with older children. Impetigo in infants is often found in moist areas, such as the diaper edge, groin or armpit.

Self-Care Tips

- Gently and frequently clean sores with antibacterial soap and water or hydrogen peroxide.
- Apply an antibiotic ointment using a Q-tip.
- Try not to cover the area with a Band-Aid.
- Wash your hands after cleaning wound.

If you have additional questions about impetigo, you can also contact your doctor or Columbus Regional Hospital's Ask-A-Nurse at 379-1210 or 1-800-365-0202.

Harlem Ambassadors

Coming to Columbus October 12, 7p.m. at
Columbus East Gymnasium

The internationally-acclaimed basketball team The Harlem Ambassadors offer a unique brand of Harlem-style basketball. The Harlem Ambassadors

Buy your tickets at LCNFC today!

Kids 5 & Under
FREE!
\$5- Kids (5-17)
\$7- Adults (17+)

are partnering with Columbus Park Foundation and LCNFC. The Harlem Ambassadors will be taking on a team of local celebrities to raise funds for FREE youth programs throughout our community!

It will just be a FUN night for all ages!!!



You can get your name in the Guinness Book of World Records! Join Childhood Connections in Thrill the World! The evening of Saturday, October 24, at Columbus East High School's football field, the crowd will dance Michael Jackson's "Thriller"

joining thousands across the globe—at the exact same time—to attempt to break the world record of most people dancing. You don't have to be a dancer! Just join in the fun! Specific details can be found on the blog at www.childhoodconnections.org.

Angels of Love **REMINDER!**

It's that time of year again! Register your children for the Angels of Love Christmas Program. See the enclosed flyer and return it in as soon as you can. **PLEASE call our office (379-1630) or drop by (1039 Sycamore Street) to get a form.**